



Life Group Discussion Questions

July 20, 2025

*** This guide may have more questions than your group could reasonably discuss in one meeting. Feel free to pick and choose questions that best encourage, challenge, and instruct your particular participants.

Read Psalm 34

1. How can we practically make the praise and blessing of the Lord a part of our daily life?
2. What roles does humility play in having a joy filled praise of God in the midst of affliction?
3. What does it mean to fear the lord? How does a healthy fear of God change our perspective on our affliction?
4. We often hear people in the world say things like "follow your heart", "do what makes you happy", and "look out for #1". How does this worldly advice hinder our perspective on affliction and redefine joy?
5. How do we guard our hearts and guide the hearts of our families to not capitulate to worldly consumerism, to "need" one more thing to make us happy, but to instead delight in the Lord. What does the Bible say about contentment and finding satisfaction in the Lord?
6. Psalm 34:14 says "seek peace and pursue it." What are some practical ways we can both seek and pursue peace? Peace with who?

love God. love Others. serve the World.



7. David took things into his own hands instead of trusting in God. Realizing this, he humbled himself and praised God. Do you often rely on your own power instead of trusting God? Do you praise God when he rescues you from your bad decisions? Do you blame God for the situation you put yourself in? Do you praise God when he teaches you to trust him... by letting you fail at your own attempts?

8. Do you trust God when nothing else has worked? Do you trust God first, before you do anything else? Do you trust God and then not do anything?

9. Do you try to be righteous, secretly hoping that means you won't have afflictions?

10. Does affliction bring you hope and life?

11. In the midst of your struggle, do you trust the Lord? In hindsight, are you able to see God working in your afflictions? Does remembering God's faithfulness in the past help you trust God in the present and future? Is it harder for you to trust God in the present than it is in the future or past?