



Life Group Discussion Questions

January 12, 2025

*** This guide intentionally has more questions than your group could reasonably discuss in one meeting. Feel free to pick and choose questions that best encourage, challenge, and instruct your particular participants.

Read Psalm 4.

1. Read James 5:16b-17. How powerful is prayer? What biblical examples do we have of powerful prayer? What personal examples do you have of powerful prayer?
2. Think about being co-heirs and adopted as a brother or sister to Christ. Do you confidently talk to your parents? Do your children talk to you with confidence? If an earthly parent listens and responds, how much more will our perfect Lord who invented love, listen to our prayers.
3. Psalm 4 says, "be angry and do not sin". Paul repeats this in Ephesians 4:26 and adds, "...do not let the sun go down on your anger." How can we be angry without sinning? Do you have any examples? Why is it important to not let anger fester?
4. Rob said, we are to "courageously confront sin" not only in ourselves but humbly in others. Accountability is a key component of the Christian life. Are you involved in a Discipleship or Accountability Group? If so, can you share some of the benefits with the group in regards to accountability? How can we graciously and humbly confront others in known sin? How do we or should we respond when others confront us with our sin?

love God. love Others. serve the World.



5. Psalm 4:5 tells us to offer right sacrifices. What does this mean? Consider what David says in Psalm 51:16-17 and what Paul says in Romans 12:1. How do these two scriptures compliment and expand upon Psalm 4?

6. Joy is vital to the true follower of Christ. What is the difference between “joy” and “happiness”? Is Joy a choice or an attitude, or both? Consider God’s sovereignty, grace, mercy and goodness in James 1:2-4. Discuss and share times you have found joy in trials and how God brought you through those times to encourage others.

7. Do you find joy in things other than God? Is that bad? What if your joy in something or someone becomes an idol? What if the thing you take joy in is taken away? Do you take joy in God, or just his blessings?

8. Psalm 4 ends in a marvelous way – we can sleep and rest peacefully because God is in control. Is God’s sovereignty something that gives you peace? Do you think and meditate on that during your day? How can we incorporate God’s sovereignty in our prayers and bedtime meditation to help us rest? What is the correlation between v.8 and v.4 where both involve our bedtime?