



what's going on at crossroads

NOVEMBER 17, 2024

STUDENT ICE SKATE RALPHIE'S FUN ZONE – NOVEMBER 17

The student skate is for all students who are in 7th through 12th grade. We will leave at 5 PM from the church and are planning to arrive home at 9:30. Cost is \$20. We will not be stopping for dinner but students can buy concessions at Ralphie's. Register here: [2024 Student Skate](#)



HOLIDAY MEAL AND FAMILY MEETING – NOVEMBER 20

On Wednesday, November 20th at 5:30 we will have a potluck meal in lieu of the regular Midweek meal followed by our quarterly Family Meeting. Children and Students will be dismissed to attend their respective classes at 6:30. Please plan to join us around the table and stay to hear from our Elders and Ministry Staff.

PARENTS NIGHT OUT – NOVEMBER 22

Go on a date or stay home and relax! We've got the kids! Drop your kids (Birth - 6th Grade) off at church from 5-9 pm. We will provide dinner, a movie, and a lot of fun for your kids while you and your spouse take the night off. Register here today! [2024 Parents' Night Out](#)



DEACON NOMINATIONS

The following men have been nominated to continue to serve as Deacons: Brandon Brady, Dan Curran, Harold Davidson, Matt Douglas, Chase Edlin, Scott Edwards, Andy Games, Steve Green, Andy Nall, Caleb Queen, and Stacy Spencer.

The following men have been nominated to be installed to the office of Deacon: Jay Biggs, Jim Sullivan, Daniel Grinnell, and Ben Covell.

Please feel free to reach out to any of these men or any of the Elders if you have any questions. We will be voting on these men at our Family Meeting on November 20th.

THANKSGIVING – NOVEMBER 28

There will be no MidWeek programming on Wednesday, Nov. 27th

The office will be closed Nov. 28 & 29th

WOMEN'S MINISTRY CHRISTMAS BRUNCH – DECEMBER 7

Women of Crossroads, you are invited to a Christmas Brunch on Saturday, Dec 7 from 11:00 am to 1:00 pm at Crossroads! We will be accepting SIZE 4 DIAPERS ONLY and a box of gallon size ziplock bags to donate to Clarity Solutions. We hope you can join us for fellowship and serving Clarity. For more information contact Carol Gardner: 808-497-1613. Register here: [Christmas Brunch](#)



LOOKING AHEAD

Stop by the Member Center to pick up a Family Ministry Calendar today. December MidWeek schedule:

12/4 – Regular programming with midweek meal

12/11 – Christmas parties for students and kids – no midweek meal

12/18 – Christmas Bazaar

12/24 – Carols, Candlelight, and Communion

**ANXIETY
PRAYER: ANXIETY'S PRESSURE VALVE
PHILIPPIANS 4:4-7**

**NOVEMBER 17, 2024
DR. ROB SUMRALL**

1. Prayer is God's _____ for anxiety.
 - A. Prayer takes our focus off the _____ and places our focus on _____.

 - B. Prayer is a demonstration of _____.

 - C. Thanksgiving aims our thoughts at where we see God _____ at _____.
Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!
Psalm 100:4
 - D. Prayerlessness anchors us to the _____ of anxiety.

2. _____ is God's reward to the diligent pray-er.

A. The example of Jesus:

Then Jesus went with them to a place called Gethsemane, and he said to his disciples, "Sit here, while I go over there and pray." And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me." Matthew 26:36-38

B. The example of Paul:

So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. Three times I pleaded with the Lord about this, that it should leave me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. 2 Corinthians 12:7-9

Rejoice in the Lord always; again I will say, Rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7

Discussion Guide

